

Reducing hunger in Alamance County by preparing and delivering nutritious meals.

The Walk-in cooler is up and running!

The walk-in cooler is up and running at the Swepsonville United Methodist Church. It started with a gracious donation from a retiring farmer, thank you Joann! Then it took a **lot** of volunteer hours, thank you to all the volunteers! Here's a quick summary of what it took:

- Decide on a location (close to the kitchen, close to power etc.) and get approval from SUMC to locate the cooler on church property.
- Deconstruct the cooler, load it onto pickup trucks and move it to the SUMC parking lot.
- Move the cooling unit into storage and test to make sure it's working.
- Patch unused holes for power etc. and power wash all the components of the cooler, clean and prepare for painting.
- Order replacement parts for missing / broken pieces (door handle, lock...).
- Apply first coat of paint on the cooler.
- Build & stain/seal a wood deck to hold the cooler.
- Get a permit for power.
- Install a new circuit breaker box on the power pole to power to cooling unit.
- Contact Duke Power for a new power connection to the circuit breaker box.
- Put the cooler back together (it's always easier coming apart and that wasn't easy).
- Caulk all the seams to make sure it's sealed.
- Add roofing tar to the seams on the roof.
- Final coat of paint inside and out.
- Run electricity from the new circuit breaker box to the cooler and install an outlet for the cooling unit.
- Pass the electrical inspection.
- Install the cooling unit, Coolbot and test.
- Install motion sensor lights in the cooler.
- Come to find out the door did not seal 100%, install additional seals.
- Build a new ramp so the carts can easily get in & out of the cooler.
- Install shelves and rubber mats on the floor.
- After a short bit of time the cooling unit had a thick layer of ice and wasn't cooling properly, we ordered a remote control to change the settings on the cooling unit and ordered and installed a temperature monitor that sounds an alarm on your phone if the cooler gets warm.
- Trim landscaping around the cooler and add mulch for appearance.

What's New

Not only will this allow us to store more perishables, but it also allows us to take deliveries without requiring a volunteer to be on-site to receive the food. Now

delivery drivers can put the food directly into the cooler. The cooler is located on the grounds of the Swepsonville United Methodist Church. Thank you SUMC!

Delicious home-made food! Here are some of the meals!

What's on the Menu

Meal 1: Baked chicken, ratatouille, dessert, roll or biscuit

Meal 2: Mac & cheese with pork, tomato & cucumber salad, watermelon

Meal 3: Loaded potato soup

The produce is from Second Harvest in Greensboro. The biscuits and chicken are from Chick-Fil-A in Mebane. The beef and other ingredients were purchased using donated funds.

Humor – What's the best place to buy soup? The stock market!!

Community Activities

Mary Casey, Stone Soup CEO, recently spoke about Stone Soup Menus on a local radio station to an estimated audience of about 9,000! Mary also spoke at the Altamahaw Baptist Church, who did a food drive for us. Several members are interested in cooking and delivering to clients in their area.

How you can help!

Volunteers Needed

- **Sous chef** – we are always looking for help chopping veggies and prepping for the cooks.
- **Bakers** – if you like to bake here's a great opportunity.
- **Drivers to deliver the food** – deliveries are every Thursday starting at noon from SUMC.
- **Writing thank you notes** – this is great for those who want to contribute once in a while.

Please contact our volunteer coordinator, Donna at 336-512-7434, or contact us on our Facebook page. <https://m.facebook.com/groups/3103066093080919/?mibextid=IURqYx>

If You'd Like to Help Those in Need.

You can donate through PayPal using this link - https://www.paypal.com/donate/?hosted_button_id=ZFJ9564MLZTMY or scan the QR code to the right and it will take you to the Stone Soup PayPal donations page. Contact us - stonesoupmenus@gmail.com

Special thanks to our partners: churches, local farms, community gardens, restaurants, stores, second harvest, S. A. F. E., other food ministries and our many volunteers.

If you want to mail a check or contact Stone Soup Menus the address is: Stone Soup Menus - PO Box 785, Graham, NC 27253

